



Diocese of Broken Bay

MANLY FRESHWATER PARISH

Mary Immaculate and St John the Baptist, Freshwater

PALM SUNDAY OF THE PASSION OF THE LORD

5th April 2020



Manlyfreshwaterparish - Facebook and YouTube

Once you are at our Facebook Page, look for and click on video on the left side of the page (you do not need to have a facebook account to access)

Weekend Mass streamed on Saturday Evenings at 6pm

Holy Week Worship Schedule



**Palm Sunday
of the Passion
of the Lord**

**Saturday 3 April
6pm**



**Thursday
of the Lord's
Supper**

**Thursday 9 April
6pm**



**Friday of the
Passion of
the Lord**

**Friday 10 April
Stations of the Cross
10am
Passion of the Lord
3pm**



**Easter Vigil in
the Holy Night**

**Saturday 11 April
6pm (1hour)**

**Sunday 12 April
9am**

Palm Sunday of the Passion of the Lord begins the Holiest and greatest week in the Churches Liturgical Year. When our lives are going according to plan celebrating Holy Week can still be a bit of a challenge. All of us are now faced with the difficulty being able to celebrate it all. Fr Paul and I will stream on Facebook and YouTube Palm Sunday and the Liturgies of Holy Thursday, Good Friday, the Easter Vigil and Easter Sunday. Try to follow these Liturgies online to the best of your ability. You may have a Sunday Missal that will help you to do this. We will send you another Parish Bulletin next Wednesday to assist you with these Liturgies.

Palm Sunday of the Passion of the Lord: No other liturgy in the year engages our feeling response in such diverse ways as today's. We are taken from the joyful procession and the singing of 'Hosanna' as the beginning, to contemplating Jesus crucified at the Gospel.

In its own particular way this liturgy touches on the ebb and flow of life, the ups and downs, the joys and the struggle to be faithful like Jesus to what we believe.

So we hold our piece of palm and sing our allegiance to Jesus and our willingness to follow him. We're not to be reckoned as part of the fickle crowd, the one-day admirers! Then we stand for the Gospel, and the piece of palm takes on a new significance as we contemplate the reality of pain and suffering. Now it is like a call to us to be faithful as Jesus was ready to be faithful, not to give up hope when life sorely tests us.

It is the beginning of the extraordinary week in the Church's liturgy. We are invited to walk with Jesus through it and come eventually to the Resurrection which will shed new hope and new light on suffering.

PARISH SOCIAL MEDIA

Parish Pastoral Council: Paul Pervan (Chair), Ian Press (Deputy Chair), Margaret Dent (Secretary), Ivica Covic; Laurie de Ambrosis; Joanne Druery; Robert Marshall; Michael McGrath

St Mary's Primary School 9977 2225 Principal: Paul McGuire

St John the Baptist Primary School 9939 6699 Principal: Judy Slattery

St Paul's Catholic College 9977 5111 Principal: Chris Browne

Stella Maris College 9977 5144 Principal: Elizabeth Carnegie

March 2020

Mon 6/4 – Holy Week Is 42:1-7; Jn 12:1-11
Tue 7/4 – Holy Week Is 49:1-6; Jn 13:21-33,36-38
Wed 8/4 – Holy Week Is 50:4-9; Mt 26:14-25
Thurs 9/4 – Holy Week Is 61:1-3,6,8-9; Apoc 1:5-8; Lk 4:16-21
Fri 10/4 – Passion of the Lord Is 52:13-53:12; Heb 4:14-16,5:7-9; Jn 18:1-19:42
Sat 11/4 – Holy Saturday Gen 1:1-2:2; Gen 22:1-18; Ex 14:15-15:1; Is 54:5-14; Is 55:1-11; Baruch 3:9-15,32-4:4; Ezek 36:16-28; Rom 6:3-11; Mt 28:1-10
Sun 12/4 – RESURRECTION Acts 10:34,37-43; Col 3:1-4; Jn 20:1-9; Lk 24:13-35

Year A

LET US PRAY FOR

5th April 2020

Recently Deceased: Anniversary:

Prayers for the sick in our parish: Eugenia Cavazzoni, Gavin Greenwood, Zacchaeus Emmanuel Joseph Ratnam; Mark Taylor; Kay Flenady; Leon Cochrane; Robina Dwyer; Ann Irvin; Prionsias Kearney; Brian Davies; Majella McLoughlin; Debbie Vernon; Desmond Connors; Lauren Hannahan; Rosalba Galuis; Vanessa Squirrel; Judith McKenzie; Jonathan Keil; Les Reilly; Wayne Smedley; Margaret Burrige; John Beninati

Visiting sick at home - If you, or if you know of anyone who are unwell and would like a home visit please contact the parish office 9977 5822 to organise for Communion or Anointing



Pope Francis

When we stand before the crucified Jesus, we see the depth of His love, which restores our dignity and sustains us



Project Compassion 2020

Please donate to Project Compassion 2020 to help uplift vulnerable communities and support the rights of indigenous peoples around the world.

Let's Go Further, Together. You can donate through

www.caritas.org.au/projectcompassion or phoning 1800 024 413

Parish Priest: Fr David Taylor

Assistant Priest: Fr Paul Kim

Parish Secretaries: Jenny Beninati
Paula Martin

Pastoral Coordinator: Michelle Ellis

Administration Office:

After Hours Urgent Sick Calls:

0499 910 010

Presbytery: 9977 2100

manlyfreshwaterparish@bbcatholic.org.au

www.bbcatholic.org.au/manlyfreshwater

Reconciliation: Manly Sat 10am – 11am

Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our community

Parish facebook:

facebook.com/manlyfreshwaterparish

YouTube: Manlyfreshwaterparish

Or bit.ly/2EIGEu7 or frpaulkim

(one word with no space). You can view the YouTube videos thru the parish facebook, click on the link

Parish website:

bbcatholic.org.au/manlyfreshwater

Have You Considered Giving Your Weekly Offering Online



If you would like to continue supporting the Parish financially during these difficult times you may wish to use one of the following options:

Direct Deposit

Acc Name: Manly Freshwater Parish

Bank Name: Commonwealth Bank

Acc# 13958001

BSB - 062 784 Please include your name as reference or envelope number

Or

Credit Card – Contact the Parish Office by email and we will call you back

or through our website – on the front page Payments/donations

If you are currently giving by Credit Card the deduction will continue as usual.

We thank you for your continued support of Parish.



KEEP IN TOUCH

support to our Parishioners.

During this time we would like to keep in touch and offer

Over the past weeks we have been able to email our bulletin out to over 1500 people which is great **BUT** we know that we have a large number of Parishioners who do not have access to a mobile phone or the internet.

If you have a neighbour or friend who has not received an email, it may be that we don't have their email address or that they don't have one.

Please ask them to call the office on 9977 5822 or email your details to Manlyfreshwaterparish@bbcatholic.org.au.

Each week we will be printing the Parish bulletin and leaving copies in the foyer of the Parish Centre and Church entrance at St Johns, Freshwater and they will be available for collection each day (including the weekends).

Suggestions on how to watch the Mass online in a spiritual and fruitful way:

- Prepare yourself and take time out of your Saturday night or Sunday to watch the Mass.
- Create a prayer space:
 - Include symbols such as a Cross, Rosary beads, a Bible or even flowers;
 - Light a candle;
 - Foster an atmosphere that allows for reflection, praise, thanksgiving and intercession.
- Be fully present and participate in the Mass as much as possible
 - Make the Sign of the Cross;
 - Sit down, stand and kneel at the appropriate times;
 - Join in the responses as you would normally;
 - Read the Readings for the Mass;
 - Sing hymns and songs;
 - Recite the prayer for spiritual communion.
 - Remain in silence and reflect prayerfully for a few moments.

As we approach Holy Week, let us not lose faith and hope as we prepare to meet the Risen Lord. Let us be prayerful, sensible and practical. Let us not panic or be disheartened. Let us remember the words that Jesus said in Matthew's Gospel: *But immediately Jesus spoke to them, saying, "Take courage, it is I; do not be afraid."*

And remember that **WE ARE THE CHURCH – A CHURCH THAT WILL NEVER BE CLOSED.**



Act of Spiritual Communion

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.



This Sunday we begin the prayer of Holy Week as Jesus enters Jerusalem on the back of a donkey, accompanied by crowds shouting joyfully 'Hosanna!' and waving palm branches. Very soon, the mood of the people changes, and their cry is 'Crucify him!' (**Gospel**). The other readings help us to understand what is happening. We see that Jesus fulfils the Old Testament prophecies of the suffering servant from Isaiah; in the face of his Passion, he knows and trusts that the Father will help him (**First Reading**). **Psalm 21 (22)** moves from utter dejection: 'My God, my God, why have you forsaken me?' to praise and trust in God: 'Give him glory ... revere him!' You may wish to read the whole psalm from your Bible during Holy Week to understand the prayer that Jesus prayed from the cross. St Paul's explanation of the meaning of Jesus's incarnation, death and Resurrection ends with a firm declaration of faith that Jesus Christ is Lord to the glory of God the Father (**Second Reading**). Even as we find ourselves confined and isolated, walking in sorrow with Jesus this Holy Week, we look forward to Easter joy in his Resurrection, the ultimate victory over death and suffering. *Pathways to God 2020*



Blessing of Palms –During the streaming of this weekend's Mass Fr David will be blessing palms. Have you palms or olive branches or plant from you garden ready before the beginning of the Mass.



CATHOLIC
DIOCESE OF
BROKEN BAY

**Be careful,
be kind,
be creative.**



A message from Most Rev Anthony Randazzo
<https://youtu.be/4nkHF1sPh4E>

Ecumenical Prayer for Covid-19 Pandemic

Gracious God,
We give thanks anew for your providence and presence.
We prayerfully seek your grace, amidst COVID-19 here and overseas.
We pray for those in need of healing.
We pray for your peace with those who are anxious or grieving.
We pray you will continue to strengthen and sustain all those who are serving in response.
We pray for your Holy Spirit's discernment amidst the many choices and decisions facing our national, community and medical leaders.
We pray we each might see quickly what more we can do to help those who are vulnerable.
This prayer for our nation in the family of nations, with all that is on our hearts, we gather now and pray through Jesus Christ our Lord. Amen

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Laudate (App) This free App has a large number of resources at hand, including the day's Readings; the Liturgy of the Hours; the Rosary, Stations of the Cross, Prayers, Catholic documents including the Catechism of the Catholic Church, and even links to many Catholic media sites. Download for Apple and Android



Making the Most of the Situation – 7 Great Ways to fill your day with Holy moments

<https://dynamiccatholic.com/>



Resources to assist us on the journey

DIGITAL AND DOMESTIC The word 'Missa' from which is derived our word 'Mass' comes from the Latin formula for the dismissal of the congregation, Ita, missa est, literally meaning "Go, she—meaning you, the Church—has been sent"). It is related to the word 'mission'. Today, we have been sent – to take our faith out in a new and more intentional way into our homes, our communities and our world. The early Church began with house gatherings - we can continue to do the same. After all, the Church is the people of God. Pope Emeritus Benedict XVI, in 2008 in Sydney, spoke of what it is to be Church as, "the Church, the people of God throughout the world, united in faith and love and empowered by the Spirit to bear witness to the risen Christ to the ends of the earth"



LiturgyHelp – currently offering free access This resource has been made available to all via this link: www.liturgyhelp.com/aus/pray Here you will find the Liturgical readings for each day from the Jerusalem Bible as used in Australia. Additional resources include commentaries, homilies and children's activity sheets for each Sunday



Pray As You Go Start the day with a reflection on the day's Reading, with music, Scripture reading, and guided reflection. A simple way to connect with the Church's liturgy and to bring God into your day. Approximately 15 minutes. <https://pray-as-you-go.org/> or download App on Apple or Android



CathFamily – Free access to CathKids until June 30 CathFamily is an Australian site offering family resources including activities, craft, recipes, games and seasonal rituals which are perfect for Lent. The CathKids section offers a weekly interactive experience on the Sunday reading, with a short animated video, questions to stimulate discussion, a simple activity and prayer. A great way to engage children each Sunday.

The Bible App for Kids (YouVersion) A free interactive App for children with animated bible stories, games and activities. <https://www.bible.com/kids>

Cairns Catholic Diocese have the following resources available

<http://www.cairns.catholic.org.au/>

Live Streaming from Bishop's House Chapel – Queensland's time

From **Monday 23rd of March**, the diocesan **YouTube channel** will broadcast:

- 9:00 am: Morning Prayer
- 12:00 pm: Midday Prayer
- 3:00 pm: Office of Readings
- 5:00 pm: Evening Prayer
- 5:30 pm: Mass of the Day
- 6:00 pm: Night Prayer of the Church

10:00 am Mass will streamed live every Sunday.

Exposition of the Blessed Sacrament will be streamed at all other times during the day and night.

To read along with the Prayers of the Church during the streaming, please

visit: <http://universalis.com/index.htm>.

For more liturgical resources during this time, please visit the [Malanda Millaa Millaa parish website](http://malanda.millaa.millaa.parish.org.au).

WEBSITE Formed.org – Free For 40 Days

Formed provides a wide variety of Catholic content to help parishes, families and individuals explore their faith. Studies, movies, children's programs, ebooks and audio are available on your web browser or mobile phone. For a short time, register at formed.org for a free account and discover the plentiful, high quality content available. In particular: 1. **For children: Brother Francis** "Let's Learn About Lent" 2. **For adults: Lectio: Salvation** with Dr Michael Barber

Aust Bishops conference on resources available. <https://www.catholic.org.au/prayathome>

WATCH LIVE **DAILY MASS**

10:00AM AEDT
09:00AM AEST
07:00AM AWST
09:30AM ACST

With **POPE FRANCIS**

04:55PM AEDT
03:55PM AEST
01:55PM AWST
04:25PM ACST

Repeat Telecast
10:00PM AEDT
09:00PM AEST
07:00AM AWST
09:30PM ACST

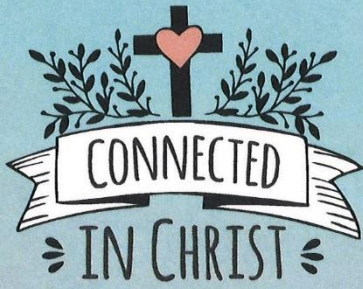
Shalom WORLD

Watch live at: shalomworld.org/live

Also available: shalomworld.org/dailymass

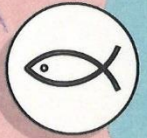
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WELCOME TO PALM SUNDAY AND HOLY WEEK

Upon Jesus' entrance into Jerusalem, the people greeted him with hope and joy exclaiming "Hosanna in the highest. Blessed are you, who have come in your abundant mercy!" Let us at this time, remind ourselves that we too are a people of hope and joy as we welcome Jesus into our hearts and homes this Holy Week.



READING SUNDAY'S GOSPEL – THE PASSION OF THE LORD MT 26:38-39

'My Father, if it is possible let this cup pass me by. Nevertheless, let it be as you, not I, would have it.'

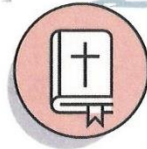
Read the full text of the Gospel in 'parts' with your family at <https://liturgyhelp.com/> (Create a free account)

REFLECTION:

Humility is above all God's way: God humbles himself to walk with his people...During this week, let us set about with determination along this same path of humility, with immense love for him, our Lord and Saviour. Love will guide us and give us strength. For where he is, we too shall be (cf. Jn 12:26)

(Pope Francis, Palm Sunday Homily, 29 March 2015)

Q. In challenging times and with humility, do you surrender and trust in God and pray, as Jesus did and as we do in the Our Father, "Your will be done"?



PRAYER:

Dear Lord, I pray that you keep our families safe from all that is going on in the world. I also pray for the countries and people who are suffering because of the Coronavirus.
Amen

(Vanessa Sarkis – Year 2, Glenorie Public School)



CHILDREN'S RESOURCES:

Holy Week activities & explanation: <https://cathfamily.org/holy-week-explained/>

Stations of the Cross for Families: <https://thekidsbulletin.com/stations-of-the-cross/>

ADDITIONAL RESOURCES:

Stations of the Cross: https://www.cssr.org.au/pray_with_us/dsp-default.cfm?loadref=263

The following resources are on the Formed platform, free short-term subscription available

Reflection on Palm Sunday by Edward Sri <https://watch.formed.org/videos/palm-sunday-of-the-passion-of-the-lord-april-14-2019>

Talk on Holy Week by Dr Brant Pitre <https://watch.formed.org/holy-week-by-dr-brandt-pitre/videos/holy-week>

SONG:

Matt Maher – 40 days: <https://www.youtube.com/watch?v=NWKRhk-yY10>

THIS WEEK:

Create a sacred prayer space in your home using branches (palm, olive or Eucalyptus), a crucifix, a candle and some holy water.



<https://www.bestcoloringpagesforkids.com/wp-content/uploads/2018/02/Branches-Palm-Sunday-Coloring-Pages.jpg>

MORE HOLY WEEK RESOURCES AT
<http://bbcatholic.org.au/connected>



CATHOLIC
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PALM SUNDAY- Year A

Gospel Procession

Luke 19:28-40

Blessed is he who comes in the name of the Lord.

Jesus went on ahead, going up to Jerusalem. Now when he was near Bethphage and Bethany, close by the Mount of Olives as it is called, he sent two of the disciples, telling them, 'Go off to the village opposite, and as you enter it you will find a tethered colt that no one has yet ridden. Untie it and bring it here. If anyone asks you, "Why are you untying it?" you are to say this, "The Master needs it.'" The messengers went off and found everything just as he had told them. As they were untying the colt, its owner said, 'Why are you untying that colt?' and they answered, 'The Master needs it.' So they took the colt to Jesus, and throwing their garments over its back they helped Jesus on to it. As he moved off, people spread their cloaks in the road, and now, as he was approaching the downward slope of the Mount of Olives, the whole group of disciples joyfully began to praise God at the top of their voices for all the miracles they had seen. They cried out: 'Blessings on the King who comes, in the name of the Lord! Peace in heaven and glory in the highest heavens!' Some Pharisees in the crowd said to him, 'Master, check your disciples,' but he answered, 'I tell you, if these keep silence the stones will cry out.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

First Reading

Isaiah 50:4-7 (JB)

A reading from the prophet Isaiah

I did not cover my face against insult and I know I will not be ashamed.

The Lord has given me a disciple's tongue. So that I may know how to reply to the wearied he provides me with speech. Each morning he wakes me to hear, to listen like a disciple. The Lord has opened my ear. For my part, I made no resistance, neither did I turn away. I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle. The Lord comes to my help, so that I am untouched by the insults. So, too, I set my face like flint; I know I shall not be shamed.

The word of the Lord. **All: Thanks be to God.**

Responsorial Psalm *21:8-9, 17-20, 23-24 (JB)*

R. My God, my God, why have you abandoned me?



All who see me deride me. They curl their lips, they toss their heads. 'He trusted in the Lord, let him save him; let him release him if this is his friend.' **R.**

Many dogs have surrounded me, a band of the wicked beset me. They tear holes in my hands and my feet. I can count every one of my bones. **R.**

They divide my clothing among them. They cast lots for my robe. O Lord, do not leave me alone, my strength, make haste to help me! **R.**

I will tell of your name to my brethren and praise you where they are assembled. 'You who fear the Lord give him praise; all sons of Jacob, give him glory. Revere him, Israel's sons.' **R.**

Second Reading

Philippians 2:6-11 (JB)

A reading from the letter of St Paul to the Philippians

He humbled himself to become like us and God raised him on high.

His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are, and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

The word of the Lord. **All: Thanks be to God.**

Gospel Acclamation

Philippians 2:8-9 (JB)

Praise to you, Lord Jesus Christ, king of endless glory!

Christ became obedient for us even to death, dying on the cross. Therefore God raised him on high and gave him a name above all other names.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel

Matthew 27:11-54 (JB)

The passion of our Lord Jesus Christ according to Matthew

Jesus was brought before Pontius Pilate, the governor, and the governor put to him this question, 'Are you the king of the Jews?' Jesus replied, 'It is you who say it.' But when he was accused by the chief priests and the elders he refused to answer at all. Pilate then said to him, 'Do you not hear how many charges they have brought against you?' But to the governor's complete amazement, he offered no reply to any of the charges.

At festival time it was the governor's practice to release a prisoner for the people, anyone they chose. Now there was at that time a notorious prisoner whose name was Barabbas. So when the crowd gathered, Pilate said to them, 'Which do you want me to release for you: Barabbas, or Jesus who is called Christ?' For Pilate knew it was out of jealousy that they had handed him over.

Now as he was seated in the chair of judgment, his wife sent him a message, 'Have nothing to do with that man; I have been upset all day by a dream I had about him.'

The chief priests and the elders, however, had persuaded the crowd to demand the release of Barabbas and the execution of Jesus. So when the governor spoke and asked them, 'Which of the two do you want me to release for you?' they said 'Barabbas'. 'But in that case,' Pilate said to them 'what am I to do with Jesus who is called Christ?' They all said, 'Let him be crucified!' 'Why?' he asked 'What harm has he done?' But they shouted all the louder, 'Let him be crucified!' Then Pilate saw that he was making no impression, that in fact a riot was imminent. So he took some water, washed his hands in front of the crowd and said, 'I am innocent of this man's blood. It is your concern.' And the people, to a man, shouted back, 'His blood be on us and on our children!' Then he released Barabbas for them. He ordered Jesus to be first scourged and then handed over to be crucified.

The governor's soldiers took Jesus with them into the Praetorium and collected the whole cohort round him. Then they stripped him and made him wear a scarlet cloak, and having twisted some thorns into a crown they put this on his head and placed a reed in his right hand. To make fun of him they knelt to him saying, 'Hail, king of the Jews!' And they spat on him and took the reed and struck him on the head with it. And when they had finished making fun of him, they took off the cloak and dressed him

in his own clothes and led him away to crucify him.

On their way out, they came across a man from Cyrene, Simon by name, and enlisted him to carry his cross. When they had reached a place called Golgotha, that is, the place of the skull, they gave him wine to drink mixed with gall, which he tasted but refused to drink. When they had finished crucifying him they shared out his clothing by casting lots, and then sat down and stayed there keeping guard over him.

Above his head was placed the charge against him: it read: 'This is Jesus, the King of the Jews.' At the same time two robbers were crucified with him, one on the right and one on the left.

The passers-by jeered at him; they shook their heads and said 'So you would destroy the Temple and rebuild it in three days! Then save yourself! If you are God's son, come down from the cross!' The chief priests with the scribes and elders mocked him in the same way. 'He saved others,' they said 'he cannot save himself. He is the king of Israel; let him come down from the cross now, and we will believe in him. He put his trust in God; now let God rescue him if he wants him. For he did say, "I am the son of God."' Even the robbers who were crucified with him taunted him in the same way.

From the sixth hour there was darkness over all the land until the ninth hour. And about the ninth hour, Jesus cried out in a loud voice, 'Eli, Eli, lama sabachthani!' that is, 'My God, my God, why have you deserted me!' When some of those who stood there heard this, they said, 'The man is calling on Elijah,' and one of them quickly ran to get a sponge which he dipped in vinegar and putting it on a reed, gave it to him to drink. 'Wait!' said the rest of them 'and see if Elijah will come to save him.' But Jesus again crying out in a loud voice, yielded up his spirit.

All kneel and pause a moment.

At that, the veil of the temple was torn in two from top to bottom; the earth quaked; the rocks were split; the tombs opened and the bodies of many holy men rose from the dead, and these, after his resurrection, came out of the tombs, entered the Holy City and appeared to a number of people. Meanwhile the centurion, together with the others guarding Jesus, had seen the earthquake and all that was taking place, and they were terrified and said, 'In truth this was a son of God.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

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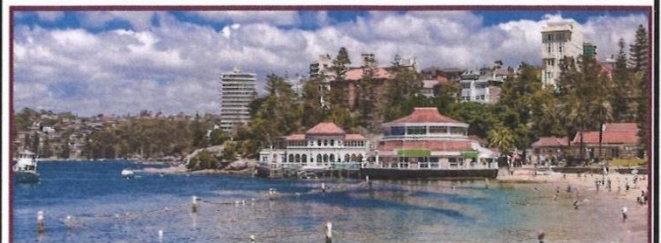
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